

SAMPLE - INITIAL TRAINING SESSION - DECEMBER 13 - 16, 2021

Day 1: Part I: Gawendum Gaakina Awaya - keep or Protect Everyone

8:00	1. Gawendum Gaakina Awaya; Keep or Protect Everyone
8:15	Speakers: Elder Opening
8:30	
8:45	
9:00	2. Introductions & Circle Teachings
9:15	
9:30	
9:45	Break - coffee break
10:00	3. Team Building
10:15	
10:30	
10:45	
11:00	4. Community Inclusion Team
11:15	
11:30	Team Building - Trigger Words Exercise
11:45	Lunch
12:00	
12:15	
12:30	
12:45	
1:00	5. Reconciliation
1:15	
1:30	
1:45	
2:00	6. Mask Painting
2:15	Mask Prepping
2:30	
2:45	
3:00	7. Elder Sharing
3:15	
3:30	
3:45	Break
4:00	8. Medicine Wheel Teaching
4:15	
4:30	
4:45	
5:00	9. Sharing Circle 7GT (love)
5:15	
5:30	Experiential Learning Assignment/Selfcare Activity
5:45	
6:00	Self reflection assignment (Share own time experience)

Day 2 Part II: Indigenous History and Values

8:00	10. Sharing Circle 7GT (Truth)
8:15	
8:30	Self Reflection Assignment (Share last night Experience)
8:45	
9:00	11. Pre-Contact History of first inhabitants of this area
9:15	
9:30	First Inhabitants of this area; Paleo Indians; Migrations
9:45	Break - coffee break
10:00	12. Stories of the Anishinaabek
10:15	FWFN history
10:30	
10:45	
11:00	13. FWFN History
11:15	
11:30	
11:45	Lunch
12:00	
12:15	
12:30	
12:45	
1:00	14. Metis Cultural Presentation
1:15	
1:30	
1:45	
2:00	15. Teaching Circle
2:15	
2:30	
2:45	Break
3:00	16. Elder Sharing
3:15	
3:30	
3:45	
4:00	17. Treaties
4:15	
4:30	
4:45	
5:00	18. Sharing Circle 7GT (Humility)
5:15	
5:30	Experiential Learning Assignment/Selfcare Activity
5:45	
6:00	Self reflection assignment (Share own time experience)

Day 3: Part III: Colonial Impacts on Indigenous Cultural

8:00	19. Sharing Circle 7GT (Honesty)
8:15	
8:30	Self Reflection Assignment (Share last night Experience)
8:45	Break - coffee break
9:00	20. Kiaros Blanket Exercise
9:15	Pre-contact, Contact, Royal Proclamation,
9:30	Land Expansion, Prohibition of Culture, Residential Schools,
9:45	60's Scoop, Affects of Colonialism
10:00	
10:15	
10:30	
10:45	
11:00	
11:15	
11:30	
11:45	Lunch
12:00	
12:15	
12:30	
12:45	
1:00	21. Elder Sharing
1:15	
1:30	
1:45	
2:00	22. Mask Painting
2:15	Painting Mask
2:30	
2:45	Break
3:00	Mask Painting
3:15	
3:30	Painting Mask
3:45	
4:00	23. OIPRD Broken Trust - Report Card
4:15	
4:30	
4:45	
5:00	24. Sharing Circle (Respect)
5:15	
5:30	Mask Painting
5:45	Experiential Learning Assignment/Selfcare Activity
6:00	Self reflecting assignment (Share own time experience)

Day 4: Part IV: Today's Policing

8:00	25. Sharing Circle 7GT (Bravery)
8:15	
8:30	Self Reflection Assignment (Share last night Experience)
8:45	
9:00	26. How Do People Think - Perceptions of Indigenous people
9:15	
9:30	
9:45	Break - coffee break
10:00	27. Indigenous Youth Experience To Thunder Bay - DFC
10:15	
10:30	
10:45	
11:00	28. Creating a Cultural Of Inclusivity
11:15	
11:30	29. Who Needs To Be Served & Protected
11:45	
12:00	
12:15	
12:30	Traditional Lunch
12:45	
1:00	
1:15	
1:30	30. Present Day Perceptions
1:45	
2:00	
2:15	
2:30	Break
2:45	31. Sharing Circle 7GT (Wisdom) Reflection
3:00	
3:15	
3:30	
3:45	32. Wrap up, Celebration
4:00	Elder Closing
4:15	Feast, prepare spirit dish, feast teachings, eat, give away
4:30	closing songs
4:45	
5:00	
5:15	
5:30	
5:45	